



Recipes from the Pantry

Velvet Milk Sherbet

1 quart milk
2 cups sugar
1 cup grape juice
2 egg whites
2 tbsp. powdered sugar

Scald 1 quart milk and stir in 2 cups sugar, let cool. Add 1 cup grape juice. Pour into freezer tray or bread loaf pan and freeze until firm. Break into chunks, pour into bowl, and beat with electric beater until smooth. Fold in two well beaten egg whites mixed with two tbsp. powdered sugar. Return mixture to cold freezer tray or loaf pan. Freeze 30 minutes, stir, and then freeze until firm. Scoop into dishes and serve.